



Icelandic Public Mental Health Strategies in Face of the COVID-19 Pandemic

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| **Government of Iceland**
Ministry of Health



Icelandic Public Mental Health Strategies

Social contract

Can do attitude

Transparency and honesty

Government actions based on scientific evidence

Regular televised information briefings with experts

Covid.is information site

Collaboration between sectors

Immediate focus on mental health and resilience

Mental health council with NGOs

The Mental Health Watch

The Public Health Watch

Focus on vulnerable groups

Innovative solutions

Mental Health Congress: Future vision